

## Mountain Region Competition Activities Notes



A summary of the guidelines and special rules for the Mountain Region activities follows. It is important to keep foremost in our minds that these are fellowship activities, intended to give your young people an opportunity for friendly competition. Players, coaches, and spectators will be expected to show respect for officials and for opponents at all times.

### Three-on-three Basketball (Spring Activity)

- Levels of competition are as follows: grades 4-6 boys, 4-6 girls, 7-12 boys, 7-12 girls.
- Each school may enter one or two teams at each level.
- The tournaments are double elimination tournaments. If one team is eliminated in the tournament, students from that team may not transfer to another team.
- Trophies will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place teams in 7-12 division. Ribbons will be awarded for all players on 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place teams in 7-12 division and 4-6 division.
- Each team may have two substitutes.
- The games will be five-minute small-court games.
- The clock will run for the first 4.5 minutes; the clock will stop in last 30 seconds for violations.
- The clock will never stop for possession changes.
- The first possession will be decided by a coin toss.
- Fouls: The fouled team receives the ball if the foul is a non-shooting foul.  
Two shots will be awarded for shooting fouls unless the basket is good, in which case only one shot will be awarded.  
Three shots will be awarded for a foul on a three-point shot.  
An official may eject a player for a foul that the official considers a flagrant foul.
- In event of a tie at the end of regulation play, the first possession will be decided by a coin toss, and the first team to score wins.
- Teams may substitute freely as long as there is no interference with play.
- One thirty-second time out will be allowed per game for each team.
- High school girls' teams and elementary teams will use the high school girls' ball, Size 6 (28.5 inches). High school boys will use the Size 7 ball (29.5 inches).
- National federation rules apply for anything not covered above.